Hello!

First, I want to thank you for helping us kick off our 30th anniversary celebration with two great events in January including the Leadership Conference and Keynote Speaker Reshma Saujani. Our next 30th anniversary event will be WiSE Trivia night on March 25th! Registration is now open (scroll down)!

Reshma left us with some powerful messages including the quote below:

As you juggle your classes, studying, extracurricular activities, and more, please remember to be your authentic self, take risks and embrace your failures.

All the best,

Lora Leigh Chrystal, Director
Program for Women in Science and Engineering
218 Carver Hall, 515.294.0966
WiSE Facebook Page
Twitter (@WISE_ISU)

You are receiving this monthly newsletter because you are listed as an undergraduate student in a STEM major. We obtain a list at the beginning of each semester. If you have any questions please contact wise@iastate.edu.
**WiSE 30th Anniversary**
Mark your calendar for the WiSE 30th anniversary events! Come by Carver 218 to **pick up a free magnet**. Please continue to help us celebrate our accomplishments by wishing WiSE a happy birthday on social media using #**WISETurns30**.

**Join WiSE for Trivia Night on March 25!**

WiSE is hosting Trivia Night on **Friday, March 25 from 6-8:30 p.m.** in the Alumni Center Ballroom.

You can sign up as a team (8 people) or as an individual. The majority of each team must be made up of female, undergraduates in STEM majors. If you don’t have enough people to fill a team, WiSE will place individual registrants on your team.

Register your team of 8 [here](#) or you can register as an individual [here](#).

**You can also nominate one of your professors to participate in Trivia Night as a STEM celebrity!** Submit your nomination [here](#).

Contact Sarah DuBois at [sedubois@iastate.edu](mailto:sedubois@iastate.edu) with questions.

**WiSE Scholarships – Application Available!**
The Program for Women in Science and Engineering Scholarship applications are now available online. Applications must be submitted before midnight on **February 15, 2016**. To learn more or to apply go to: [http://www.wise.iastate.edu/scholarships-continuing.html](http://www.wise.iastate.edu/scholarships-continuing.html). Questions may be directed to Lora Leigh Chrystal at [lchrysta@iastate.edu](mailto:lchrysta@iastate.edu) or by telephone at 515-294-4317.

**Roy J. Carver Scholarship**
Twenty awards of $5,200 each (renewable for one year) will be awarded for the 2016-17 academic year.
Eligibility requirements:
- Evidence of significant social and economic obstacles to attending college full time
- Graduate of accredited Iowa high school or Iowa resident for 5 years
- Junior classification fall 2016
- Minimum cumulative GPA of 2.80
- Demonstrate financial need on basis of the FAFSA (file by March 1st)

Application Deadline: April 1, 2016
Apply on-line at: www.carvertrust.org (click on scholarships and on-line application)

Contact Information:
Office of Student Financial Aid
0640 Beardshear Hall
(515) 294-0103
scholarships@iastate.edu
www.financialaid.iastate.edu

SWE University Hosts STILL NEEDED!
Do you want to have an impact on the lives of future female STEM majors? SWE University is your chance to get involved in an innovative, first of its kind program. Currently, we are looking for individuals to serve as SWE U Hosts (March 4-5). Click on this short video to learn more about SWE U: https://youtu.be/NZO5v2ZvXfc

As a host you will have the opportunity to be mentor to prospective female engineering students and serve as a leader in introducing them to what being a "college student" is like. From providing a welcoming atmosphere to visitors, serving as an informational resource, and cultivating relationships with prospective female engineering students, SWE U hosts will play a vital role in the overall success of SWE U. Sign up to be a host here!

Don’t live on campus? There are still many ways to get involved with SWE University! We are also looking for individuals to volunteer during SWE U in a variety of ways (great resume builder!). Sign up to volunteer here!

Body Image & Eating Disorders Awareness Week (BIEDA) Events in February at ISU
Monday, February 22
7 p.m. Movie- The Illusionists in Carver 101
Followed with discussion panel of experts www.elanarossini.com/portfolio/the-illusionist

Tuesday, February 23
10am-1pm Honor your Hunger bake Sale- LeBaron Lobby

Wednesday, February 24
7 p.m. – HEADLINE SPEAKERS- Authors Tom and Doris Smeltzer
ISU Memorial Union

Thursday, February 25
Rock Your Body Party-ISU Ames, IA 2 p.m.-5 p.m.
MU Campanile Room- For ISU students -Take time out for yourself to honor you and your body
NEW - WiSE Learning Community Mini-Reunions!

Want to reunite with your former peer mentor and WiSE pals from your learning community days? WiSE will host dinner for your group at any on-campus dining centers. Click here to fill out the mini-reunion request. Email wise@iastate.edu for more information or questions.

“I had a great time catching up with my mentees and it was great to hear about their semester!”—Stephanie, WiSE First-year Learning Community Peer Mentor, 2013-14

“I really enjoyed the reunion! It was a lot of fun to see my friends from freshmen year that I don’t get to see as often now! We had a lot of catching up to do.”—Lauren, First-Year

*WISE LC, 2013-14*

“The Fashionable Side of STEM”

The Fashionable Side of STEM is open Monday-Friday, 11:00 AM-4:00 PM, January 21-March 11, in the Textiles and Clothing Museum’s Mary Alice Gallery, 1015 Morrill Hall.

![The Fashionable Side of STEM poster](image)

**STEM Student Organization Announcements**

*Ladies in Fitness Training (LiFT) SURVEY*

LiFT (Ladies in Fitness Training) is exists to help women advance in all fitness related activities. LiFT provides members with a place to ask questions and learn about weightlifting and fitness related activities, an encouraging and motivating atmosphere, resources to build a support system of strong willed and compassionate friends, and opportunities for involvement with activities in the club, at Iowa State University, and in the community.

The survey is to gather information as to how LiFT can best help its members, what potential members are looking for in a fitness club, and what fitness-related topics women would like to hear speakers come present on. **Survey link:** [https://www.surveymonkey.com/r/YNWQRJF](https://www.surveymonkey.com/r/YNWQRJF)
If anyone is interested in learning more about this club, has any further questions, or wants to become a member, our email is lift@iastate.edu

*Science Explorations*
Are you studying in a STEM major and looking for a club to join where you can gain leadership experience, meet new people and be a role model for kids? Science Explorations (WISE Student Org) members plan an after-school camp for girls in grades 3rd-6th designed to teach them about STEM by engaging them in hands-on activities. The camp is offered four Friday afternoons in February and March. For more information or to join, email scienceexplorations@iastate.edu.

*ADVERTISE Your Student Org Announcement Here!!!*
Want to share information about an upcoming event or opportunity with your student organization? Send your announcement to wise@iastate.edu for advertisement in the March e-WiSE.