Hello!

Spring is in full bloom, finals are just around the corner, and we know it can be a stressful time. **THANK YOU** for your response to last month’s interest survey about mental health awareness. We learned that WiSE students are interested in learning more about anxiety, stress, and depression. Stay tuned for resources and strategies for prevention and management of symptoms.

Scroll down for **April career events**, the Impostor Syndrome workshop, PRIDE WEEK, grad school talk, **volunteer opportunities**, canvas painting and more! Also, **WiSE Trivia night** has been moved to May 1!

All the best,

Lora Leigh Chrystal, Director  
***Program for Women in Science and Engineering***  
218 Carver Hall, 515.294.0966  
**WiSE Facebook Page**  
**Twitter (@WISE_ISU)**

You are receiving this monthly newsletter because you are listed as an undergraduate student in a **STEM major**. We obtain a list at the beginning of each semester. If you have any questions please contact wise@iastate.edu.

**Remaining April Career Events**

**ROCKWELL COLLINS & GENERAL MILLS** - Cedar Rapids, Thurs, Apr. 7th - Fri, Apr. 8th  
During this combo company overnight visit, you will be able to network with RC and GM employees, tour both plants, and receive career advice from CEOs and engineers. *Transportation, lodging, and meals provided.*  
**ALL MAJORS WELCOME**  
Sign-up closes April 4th: [https://goo.gl/SCDdFT](https://goo.gl/SCDdFT)

**EMERSON** - Marshalltown, Fri, Apr. 15th, 12:00-4:00pm  
During this visit to Emerson Fisher Controls, you will get to network with STEM professionals and tour facilities. *Transportation provided.*  
**ALL MAJORS WELCOME!**  
RSVP by April 8: [https://goo.gl/pJl32G](https://goo.gl/pJl32G)

**CARGILL Bowling & Billiards Night** - MU CyBowl, Wed, Apr. 13th, 5:00-7:00pm  
Come learn about the many different opportunities that Cargill can provide for a career in the Science field. If you are interested in any future opportunities with Cargill, then make sure you attend! **MAJORS: Food Science, Culinary Science, Microbiology, Chemistry, Biology, and Biochemistry (NO RSVP REQUIRED)**
HENRY DOORLY ZOO & AQUARIUM - Omaha, NE, Fri, Apr. 22nd - Sat, Apr. 23rd

During this job shadow experience, you will shadow professionals and learn about specific areas of the Zoo. *Transportation, lodging, and meals provided. Open to animal/zoo related majors in LAS and CALS *Space is limited to 16 students. If selected, you will be sent a separate confirmation email from wisetransitions@iastate.edu

Application closes on Apr. 4: http://goo.gl/lmMbp4

Impostor Syndrome with Dr. Kelly Winfrey

On Wednesday, April 6th (7:00-8:00pm), Dr. Winfrey will reprise the most popular session from the 2016 WiSE leadership conference. This is an opportunity you won’t want to miss. RSVP please so we know how much food to order.

VOLUNTEERS NEEDED at the Taking the Road Less Traveled career conference for girls!

On April 7th & 28th, we’ll have close to 1,000 8th-10th graders on campus for TRLT and we need your help. Sign up here for a time to help with various tasks. Sign up here to mingle with students during the lunch trivia game (11:00-12:00p)—lunch included!

Questions? Contact Janice Crow (jrcrow@iastate.edu)
Join WiSE for Trivia Night on May 1st!
WISE is hosting Trivia Night on Sunday, May 1st from 6-7:30 p.m. in the Memorial Union Sun Room! You can sign up as a team (8 people) or as an individual. Invite your friends (all genders welcome) to join in on the fun. If you don’t have enough people to fill a team, we will place individual registrants on your team. You can also nominate one of your professors to participate in Trivia Night as a STEM celebrity.

Register your team of 8: https://goo.gl/M9Z6NR
Register as an individual: https://goo.gl/ScrNrb
Nominate one of your professors: https://goo.gl/XlWObW

Contact Sarah DuBois at sedubois@iastate.edu with questions.

SAVE THE DATE: Undergraduate Student Conference – Transforming Gender and Society
Saturday, April 9, 2016, Iowa State University, Memorial Union
You are invited to join Women’s, Gender, and Sexuality Studies Programs around the state of Iowa to hear from undergraduate students who will present topics that include original research, creative work, pedagogy, activism, and thematic discussions. Presentations will draw from cross-disciplinary and cutting-edge issues in this dynamic field of scholarship and praxis. For information on submitting an abstract for this conference, go to: http://womensstudies.las.iastate.edu or contact wgsconference@iastate.edu.

2016 Pride Week Events and Keynote Speaker Angelica Ross
LGBTSS will host a meet and greet on Monday, April 11th from 3:30 to 4:30pm for students who are interested in the opportunity to talk with Angelica Ross about her work as CEO of TransTech. There are 4 spots reserved for WiSE students to attend the meet and greet. Any WiSE student who is interested in attending should contact Clare Lemke (crlemke@iastate.edu).

Also, anyone who is interested in volunteering to help with Ms. Ross’ visit may sign up here. We will need lots of volunteers to make this event successful, so please spread the word widely in your networks.
Graduate School Talk – Careers in Environmental Sustainability
April 21st from 3-4:30p.m., Memorial Union Gold Room (open house)
Join WiSE for a round table discussion with Dr. Bridget Scanlon on graduate careers in environmental sustainability. Dr. Scanlon will host a small group discussion with undergraduate students about women pursuing graduate careers in environmental conservation, water sustainability, and other related issues. Register here: https://iastate.qualtrics.com/SE/?SID=SV_5zQ6BTdRPvlmdA9
Canvas Painting in the WiSE Office

NEED A BREAK FROM STUDYING??
Join us in the WiSE Office for Canvas Painting

Drop in between 8am - 5pm
DEAD WEEK: APRIL 25-29
FINALS WEEK: MAY 2-6
218 Carver Hall

STEM Student Organization Announcements

ADVERTISE Your Student Org Announcement Here!!!
Want to share information about an upcoming event or opportunity with your student organization? Send your announcement to wise@iastate.edu for advertisement in the May e-WISE.